

MFG TRAINING FOOTWEAR: CLUB POLICY

Due to the nature of the surface on MFG's Synthetic Turf Pitch (STP), the club requests that all players wear suitable footwear for training sessions taking place at the venue, in order to make the environment as safe as possible for your child.

This **MUST** be a shoe designed specifically for wear on an astroturf surface, commonly identified with 'TF' as part of the shoe name and characterised by small rubber dimples or other textured surface covering the surface of the sole. Examples from some of the main brands are shown below:



Players are permitted to wear a standard trainer, however the club does **NOT** recommend this style of footwear as the sole is traditionally quite flat and will not provide adequate grip on the smooth, hard surface of the pitch. Similarly, any football-specific shoe designed to be worn on an indoor, wooden or hard court surface (typically identified with 'IN' or 'IC' in the name) is **NOT** recommended as these also do not provide suitable grip on the surface.

PLEASE NOTE: Players will **NOT** be permitted under any circumstances to train on the surface wearing a **STUDED OR BLADED** football boot of any kind. These include the following main types:



FG: designed to be worn on firm, dry grass. The sole is characterised by several shorter studs, sometimes conical or bladed/triangular/arrow shaped, or a mixture of both.

AG / MG / FXG: designed to be worn on 3G/4G artificial grass surfaces. Typically a similar sole design as FG but often with more studs, usually conical shaped.

SG: Designed to be worn on wet, muddy, natural grass. Fewer, longer studs (usually 6) and at least some of these are usually made of metal and of a screw-in type.

Please ensure you adhere to the club policy on this matter in order to avoid potential inconvenience and upset if your child is not permitted to train because of wearing inappropriate footwear. Thank you for your cooperation.